

# Marysville Joint Unified School District

# ELEMENTARY LUNCH MENU MAY 2019

**FREE**  
Breakfast  
& Lunch  
for all  
students  
of  
Marysville  
Joint  
Unified  
School  
District

Harvest  
of the  
Month™

Strawberries



Our menus are  
printed on 30%  
recycled paper



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breaded Chicken Garlic Breadstick  Seasoned Potato Wedges Kiwi (1) Peaches Salad Bar	2 Chicken Teriyaki Pork & Veggie Egg Roll  Brown Rice Mandarin Salad Bar	3 Pepperoni or Cheese Pizza Deli Sandwich Grapes Pears Salad Bar <b>SCHOOL LUNCH HERO DAY!</b>
6 <b>Meatless Monday</b> <b>Option:</b> Cheese Quesadilla Breaded Drumstick Garlic Breadstick  Apple Slices  Salad Bar	7 Beef or Cheese Nachos Refried Beans Banana Peaches Salad Bar  <b>NATIONAL TEACHER'S DAY!</b>	8 Hamburger Cheeseburger Condiments  Seasoned Spiral Fries Kiwi (1) Pears Salad Bar	9 Chicken Alfredo Dinner Roll  Grilled Cheese Sandwich  Mandarin  Salad Bar	10 Pepperoni or Cheese Pizza  Chicken Nuggets  Grapes  Salad Bar
13 <b>Meatless Monday</b> <b>Option:</b> Macaroni & Cheese  Apple Slices  Baked Beans  Salad Bar	14 Meatball Sandwich  Chicken Sandwich Condiments Banana Tater Tots Peaches Salad Bar	15 <b>Chef's Choice</b>  <b>Asian Cuisine</b>  Grapes  Pears  Salad Bar	16 Turkey & Gravy  Dinner Roll  Mashed Potatoes  Mandarin  Salad Bar	17 Pepperoni or Cheese Pizza  Ultimate Cheeseburger  Kiwi (2)  Salad Bar
20 <b>Meatless Monday</b> <b>Option:</b> Cheese Filled Breadsticks Bean & Cheese Burrito  Apple Slices Salad Bar	21 Enchilada Pie Bake  Crunchy Nacho Taco Refried Beans Banana Salad Bar	22 Breaded Chicken Garlic Breadstick  Seasoned Potato Wedges Kiwi (1) Peaches Salad Bar	23 <b>Chef's Choice</b>  <b>Asian Cuisine</b>  Mandarin  Salad Bar	24 Pepperoni or Cheese Pizza  Deli Sandwich  Grapes Pears Salad Bar
27  <b>MEMORIAL DAY</b> 	28 Beef or Cheese Nachos Refried Beans Banana Peaches Salad Bar	29 Hamburger Cheeseburger Condiments Seasoned Spiral Fries Kiwi (1) Pears Salad Bar	30 Chicken Alfredo Dinner Roll  Grilled Cheese Sandwich  Mandarin Salad Bar	31 Pepperoni or Cheese Pizza  Chicken Nuggets  Grapes Salad Bar

A choice of 1% milk and nonfat chocolate milk offered with all lunches. Please enjoy the Salad bar \*\*\* Menu subject to change\*\*\*

This institution is an equal opportunity provider.

# Marysville Joint Unified School District

# ELEMENTARY BREAKFAST MENU MAY 2019

## FREE

Breakfast & Lunch for all students of Marysville Joint Unified School District

Harvest of the Month™

Strawberries



Our menus are printed on 30% recycled paper



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Bagel with Cream Cheese Juice Fresh Seasonal Fruit	2 Egg & Cheese Omelet Biscuit Fruit Fresh Seasonal Fruit	3 Pancake Sausage Sandwich Juice Fresh Seasonal Fruit <b>SCHOOL LUNCH HERO DAY!</b>
6 Sausage & Pancake on a Stick Juice Fresh Seasonal Fruit	7 Yogurt Soft Breakfast Bar Fruit Fresh Seasonal Fruit <b>NATIONAL TEACHER'S DAY!</b>	8 Sausage & Cheese on Bun Juice Fresh Seasonal Fruit	9 French Toast Fruit Fresh Seasonal Fruit	10 Egg & Cheese Biscuit Sandwich Juice Fresh Seasonal Fruit
13 Turkey Sausage Pizza Juice Fresh Seasonal Fruit	14 French Toast Sticks Fruit Fresh Seasonal Fruit	15 Pancakes w/ Syrup & Sausage Link Juice Fresh Seasonal Fruit	16 Sausage & Cheese Bagel Fruit Fresh Seasonal Fruit	17 Cinnamon Square Juice Fresh Seasonal Fruit
20 Sausage & Gravy Pizza Juice Fresh Seasonal Fruit	21 Fruit Smoothie Muffin Fruit Fresh Seasonal Fruit	22 Bagel with Cream Cheese Juice Fresh Seasonal Fruit	23 Egg & Cheese Omelet Biscuit Fruit Fresh Seasonal Fruit	24 Pancake Sausage Sandwich Juice Fresh Seasonal Fruit
27 <b>MEMORIAL DAY</b> 	28 Yogurt Soft Breakfast Bar Fruit Fresh Seasonal Fruit	29 Sausage & Cheese on Bun Juice Fresh Seasonal Fruit	30 French Toast Fruit Fresh Seasonal Fruit	31 Egg & Cheese Biscuit Sandwich Juice Fresh Seasonal Fruit

Daily Entrée Choices: WG Cereal Combo

M: WG Banana Bread T: Muffin Bread W: Coffee Cake Th: Benefit Bar F: PB&J Wafer  
 A choice of 1% white and nonfat chocolate milk offered with all breakfasts.

\*\*\*MENU SUBJECT TO CHANGE\*\*\*

## May is Physical Activity Month!

You should get at least 60 minutes of physical activity each day.

Examples of physical activity are: Playing Sports, Running around during recess, Playing on the Playground equipment, Walking to school and even doing chores around your house!

