## **Marysville Joint Unified School District**

## 

## **FREE**

**Breakfast** & Lunch for all students of **Marysville Joint Unified School District!** 





**Salad Greens** 



Our menus are printed on 30% recycled paper.



	RY 2019		NTARY	LUNCH		
١	Monday	Tuesday	Wednesday	Thursday	Friday	
	Winter Janua throug	ary 1				
	7 Meatless Monday Option: Cheese Filled Breadsticks With Marinara Beef Rib Hoagie Baked Beans Fruit Pop	8 Enchilada Pie Taco Sauce  Chicken Nuggets Ketchup Green Beans Jicama Sticks Banana	9 Chicken Noodle Soup with Grilled Cheese Sandwich  Corn V Blend Juice Mandarin	10 Cherry Blossom Chicken Pork & Veggie Egg Roll Chow Mein Steamed Broccoli Steamed Carrots Pineapple	Pepperoni, Cheese or Hawaiian Pizza Cheese Wheels Tossed Romaine Salad Carrots Kiwi (2)	
1	14 Meatless Monday Option: Bean & Cheese Burrito Taco Sauce Turkey Corn Dog Steamed Carrots Corn Mixed Fruit Cup	15 Beef & Cheese Or Cheese Nachos Salsa Refried beans Banana	Hamburger Cheeseburger Lettuce/Tomato/ Pickle Condiments Seasoned Spiral Fries Mandarin	17 Chicken Sandwich Ketchup  Meatball Sandwich Steamed Broccoli Cucumber Kiwi (2)	18 Pepperoni or Cheese Pizza  Taco Pocket Tossed Romaine Salad Carrots Grapes	
	Martin Luther King, Jr. Day	Chicken Alfredo Dinner Roll  Ultimate Cheeseburger Lettuce/Tomato/ Pickle Condiments  V Blend Juice Banana	23 Breaded Chicken Garlic Breadstick  Carnitas Soft Taco Taco Sauce  Baked Beans Carrots Mandarin	24 Turkey & Gravy Dinner Roll Mashed Potatoes Green Beans Kiwi (2)	Pepperoni, Cheese or Pep/Jalapeno Pizza Cheese Tamale w/Salsa Verde Refried Beans Taco Sauce Salad Cucumber Grapes	

#### **Meatless Monday Option:**

**Cheese Filled Breadsticks** With Marinara

**Beef Rib Hoagie** 

**Baked Beans Fruit Pop** 

29

**Enchilada Pie Taco Sauce** 

**Chicken Nuggets** Ketchup

**Green Beans Jicama Sticks** Banana

30

**Chicken Noodle** Soup with **Grilled Cheese** Sandwich

31

**Lemon Grass** 

Chicken

Pork & Veggie

Egg Roll

**Chow Mein** 

Steamed Broccoli

**Steamed Carrots** 

**Pineapple** 

Corn **V** Blend Juice

Mandarin

January is **Vegetable** Month on **My Plate!** 



A choice of 1% milk and nonfat chocolate milk offered with all lunches. Please enjoy the Salad bar. \*\*\* Menu subject to change\*\*\*

### **Marysville Joint Unified School District**

# JANUARY 2019 ELEMENTARY BREAKFAST MENU

FREE

Breakfast
& Lunch
for all
students
of
Marysville
Joint
Unified
School
District



**Salad Greens** 



28

Pancake-

Maple Sausage

Sandwich

Juice

**Fresh Seasonal** 

Fruit

**Cinnamon Square** 

Juice

**Fresh Seasonal** 

Fruit

Our menus are printed on 30% recycled paper.

\ \	Monday	Tuesday	Wednesday	Thursday	Friday			
	WINTER RECESS—JANUARY 1 THROUGH 4							
	7 Pancake- Maple Sausage Sandwich  Juice Fresh Seasonal Fruit	8 Cinnamon Square Juice Fresh Seasonal Fruit	9 Pancakes with Syrup & Sausage Link  Juice Fresh Seasonal Fruit	10 Egg & Cheese Omelet Biscuit Juice Fresh Seasonal Fruit	11 Strawberry Pancake Bowl Juice Fresh Seasonal Fruit			
	14 Sausage & Pancake on a Stick Juice Fresh Seasonal Fruit	15 Yogurt Soft Breakfast Bar Juice Fresh Seasonal Fruit	16 Egg & Cheese Biscuit Sandwich Juice Fresh Seasonal Fruit	17 French Toast  Juice Fresh Seasonal Fruit	18 Turkey Sausage Pizza  Juice Fresh Seasonal Fruit			
	MARTIN LUTHER KING JR: DAY	Sausage & Cheese on Bun  Juice Fresh Seasonal Fruit	23 Sausage & Cheese Bagel Juice Fresh Seasonal Fruit	French Toast Sticks  Juice Fresh Seasonal Fruit	25 Sausage & Gravy Pizza  Juice Fresh Seasonal Fruit			



Daily Entrée Choices: WG Cereal Combo

M: WG Banana Bread T: Muffin Bread W: Coffee Cake Th: Mini Bagel with Strawberry Cream Cheese F: PB&J Wafer
A choice of 1% white and nonfat chocolate milk offered with all breakfasts.

\*\*\*MENU SUBJECT TO CHANGE\*\*\*

Pancakes with

Syrup & Sausage

Link

Juice

**Fresh Seasonal** 

Fruit

Egg & Cheese

Omelet

**Biscuit** 

Juice

Fresh Seasonal

Fruit

Salad

Greens



January is Vegetable Month on My Plate!